

June 2026

FOCUS

Issue 304



Parish Magazine of St Stephen's, Hightown



Our Beautiful Church Hall Garden

(photo courtesy of Eddie Barford)

Editor's Note

Where gardening is concerned, I am a great procrastinator. I am forced to it only when the weeds threaten to overcome us or when I have some special treasure that I couldn't bear to watch die a lingering death from neglect! My fingers are not green, unlike those of both my sister and brother, whose leisure time, in their younger days, was more profitably spent learning garden craft, than mine, spent in the stable, mucking out horses.



This does not mean that I do not like my garden and enjoy the flowers and fruits that come from it, but rather that I dislike weeding and general maintenance. There is always so much to be done!

A number of people in Hightown, are opening their gardens to the public on Sunday 14th June. By this date, their gardens are places of beauty, achieved by much hard work on the part of the owner. Working flat out for days before, removing every last blemish from, what to my eyes are, already immaculate plants, they make us

welcome and pass on hints and tips to enable us to achieve the same results. I leave, feeling inspired and ready to set to on my jungle! Over the last few years, Sundays in June, sadly, have had a nasty habit of being wet, which makes one reluctant to progress around the dripping shrub roses or to pick one's way over puddles in flooded rock gardens. But the worse the weather, the more important it is to show up and admire the fruits of their jolly hard work.

For further information on open gardens in Hightown, please see page 10 and NGS website.: [<https://ngs.org.uk/>]

Fingers crossed for some clement weather, and enjoy!

Entries for future issues of Focus to be sent to
Focus.Mag.2023@StStephensHightown.org.uk
Please submit before last day of month

Dear friends,

By Sunday, 31st May, we will have held our Annual Parochial Church Meeting, where we will, amongst other things, have had the opportunity to reflect on the life of your church, here, in Hightown, over the last year. It has been a busy one as the reports testify, but also a good one, and we thank the Lord for his continuing care and provision.



We will have had the opportunity to say 'thank you' to those who have worked tirelessly for St Stephen's, not just over the last year, but over many years, and also, 'thank you' to those who are taking on new responsibilities this coming year. Thank you!

Thursday 4th June, sixty days after Easter, the Thursday after Trinity Sunday, we have the feast of Corpus Christi when we give thanks for the Eucharist, for Holy Communion. Thank you, Lord. We will hold a special service at Church on this evening. The Latin words 'Corpus Christi' translate to the 'Body of Christ'. At every Eucharist, we share the Body and Blood of Christ, as Jesus instructed, 'Do this in remembrance of me'.

On 25th June, I will have been with you for three years! Where has that gone? I remain grateful to God for calling me to serve here in Hightown. Thank you, Lord. Sharing together, we have achieved much in that time.... But there is still much more that we would like to do.

The day after Friday 26th sees Revd Gordon Watt's Diamond Jubilee of his ordination. Sixty years! Thank you, Lord. We will be celebrating with Gordon and Rosamund on Sunday 28th when Gordon will preach at the 10:30 Eucharist which will be followed by cake and prosecco!

We have so much to be thankful for, we truly do. 'Give thanks in all circumstances; for this is God's will for you in Christ Jesus'.

1Thessalonians 5:18.

God Bless,
Keith



Coffee Morning

First Saturday of Every Month 10am till noon

St Stephen's Hall

**Come and enjoy a bacon or sausage barm
and a cup of tea or coffee.**



Church Services at St Stephen's in June

Wednesday 3rd	10:30	Eucharist
Thursday 4th CORPUS CHRISTI	19:00	Eucharist
Friday 5th	09:30	Morning Prayer
Sunday 7th TRINITY 1	10:30	All-Age Eucharist
	18:00	Evensong
Wednesday 10th	10:30	Eucharist
	19:00	Sanctuary @ Seven
Friday 12th	09:30	Morning Prayer
Sunday 14th TRINITY 2	10:30	Eucharist with Healing
	16:00	Toddler Church
	18:00	Evensong
Wednesday 17th	10:30	Eucharist
Friday 19th	09:30	Morning Prayer
Sunday 21st TRINITY 3	10:30	Eucharist & Sunday School
	18:00	Evensong
Wednesday 24th	10:30	Eucharist
Friday 26th	09:30	Morning Prayer
Sunday 28th TRINITY 4	10:30	Eucharist
	18:00	BCP Holy Communion

St. Stephen's Church Youth Club

Can you help us?...

We have a successful Youth Club, which meets on Friday evenings from 6pm until 7:15pm, term time, in our Church Hall. It's a popular club, but we need more help in terms of leadership and helpers. It's a great gathering of youngsters from the village and it provides a safe space for them to meet with friends, play sports and games, share in crafts etc.

Can you help us?

Recruitment is in accordance with Church of England Safer Recruitment practices and a full Enhanced DBS check would be required. For more information, please contact Youth Club Leader Jane Bessant on 07776305660 or Revd. Keith Thornborough on 0151 929 3097.

Thank you!



‘Word Together’ Bible Study

Every 2nd and 4th Wednesday

2pm

St Stephen’s Church

**‘Souper Troopers’
Mondays**

**Noon-til- 2
in the Church Hall
All Welcome!**



**Please do come along for company
and a tasty bowl of soup! Give what
you can!**

‘Souper Troopers Summer Season’

Our last lunch with soup will be Monday 27th April 26. We will be continuing over the summer months offering a sandwich/buffet lunch and a cold dessert. All still most welcome and still ‘pay as you can’ donation basket. Prayer Ministry is always available. Not meeting on Bank Holidays 4th and 25th May.

“Two Soups” - “Compliments to the Chef”

*Observations of a student Souper Trooper
by Pauline Goodchild*

Revd Keith Thornborough, our Vicar at St Stephen's, asked last summer for volunteers to help with a new venture called Souper Troopers.

According to Google, 'a Super Trouper' is a type of spotlight used in large venues and referenced in a song by Abba, or an American comedy film Super Troopers; and that Souper Troopers is a South Africa-based organisation dedicated to transforming the lives of people on the streets.

But that is not exactly what our Souper Troopers is about. Keith uses his Monday off to volunteer to make soup and provide it to whoever turns up. He says it gives him an opportunity to bring people together and to meet them informally:

“I was called to serve the community of Hightown and this is a positive way to use my free time. You can see that the fellowship we share together is lifting people's spirits. I get a chance to mingle with people in a friendly environment as they chat to each other.”

Our first Souper Trooper lunch took place in September 2025. We had eight visitors. The word spread; now there are usually more than 20, and we have a core of some 30 regulars.

Super Trooper Matthew, Keith's son, drew the short straw and during the past few months has done mounds of washing-up. (The biggest mountain of dirty dishes arose when we held a Souper Duper Troopers event when sherry, scouse and trifle appeared on the menu and 40 people booked places.) He is cheerful in his work, and when time permits, he shares his views of current affairs, history, or his current reading with fellow volunteers. Grace, Keith's daughter, visits to lend a hand (occasionally with puppy Archie) when her demanding hospital nursing shifts permit. The bread is sourced locally and Keith mixes and ladles out two different soups in generous portions. We cater for vegetarians and coeliac sufferers. The tasty soup is followed by tea or coffee with biscuits - often with cake too! Ostensibly, guests come for refreshments; actually, most attend for the craic. They enjoy a natter and a laugh



with friends, old and new. Most arrive singly, a few as couples. Many try to sit with a different person each week.

Part of the fun for a Souper Trooper is to take a tray to the table and to see faces light up when we say, “Two soups”. Soon, that phrase will be temporarily redundant, as Keith plans to change the offer from soup to sandwiches in anticipation of hot summer days. The normal customer response is “Compliments to the chef!”

Bill, Hightown resident and regular guest, arrives with his wife, Gladys. He describes the outing as “Tremendous - our good friends George and Jane [a church warden] and Keith [treasurer] persuaded us to come. We’ve certainly made new friends. And 10 out of 10 for the soup!”. Marjorie and Kathleen, also local regulars, at the other end of the table, concur. “We come for the company,” they say.

Eve, a regular visitor, sums up: “Mondays used to be a very dull day of the week; now I really look forward to Monday afternoons. As soon as I walk in the door there’s a really nice feeling.”

There’s no set charge, no bill, no tips, no receipt and no refunds! Instead, visitors are invited to donate what they can. People are generous.

Alongside the diners we have a separate table run by St Stephen’s stalwart, Sue Taylor. She offers confidential one-to-one Prayer Ministry for those who seek it. It’s a service that has been much appreciated by some of our visitors. As she says, “It’s good to share!”

Souper Trooper Margaret adds “It’s an opportunity for our local community and church members to meet in a safe, warm and welcoming space.”

“It’s all about camaraderie and friendship,” fellow Souper Trooper Jan confirms.

Let Keith have the last word: “A big thank you to our enthusiastic Souper Trooper volunteers, Jan, Linda, Margaret, Pauline and Sylvia, who lay the table, serve the soup, then wash the tea towels and tablecloths. Above all, thank you to the folk who come out to share the bread and soup, and chat to the people around them. That’s what makes it work.”

Who would have thought that helping to make and serve soup would be such fun? Thank you, Keith.

Souper Troopers takes place in St Stephen’s Church Hall on Mondays from 12 noon to 2pm.

Please come and give it a try.



Who's Who at St Stephen's

Vicar	Revd Keith Thornborough
Associate Priest	Revd John Reed
Warden	Judith Welch Judith.Churchwarden@StStephensHightown.org.uk
Warden	Jane Copeland Jane.Churchwarden@StStephensHightown.org.uk
PCC Secretary	Beryl Howard
PCC Treasurer	Keith Aldis
Gift Aid Secretary	Brian Taylor
Safeguarding	Cath Marshall cathmarshall47@yahoo.co.uk
Electoral Roll	Beth Cresswell
Sacristan Team	Hazel Roberts
Health and Safety	TBA
Flower Rota	Sue Taylor
CMS Secretary	Berenice Gibson
St Stephen's Youth Club	Jane Bessant
Church Hall Bookings	Sally Fraser
Focus Editor	Colette Hudson: Focus.Mag.2023@StStephensHightown.org.uk
Focus Adverts	Colette Hudson Adverts@StStephensHightown.org.uk
Focus Distribution	Mr and Mrs K Bradshaw
St Stephen's Church Website	StStephensHightown.org.uk

Sunday Coffee Rota

7th Pam Bessant

14th Beryl Howard

21st Sue Taylor

28th Beth Cresswell

Get St Stephen's weekly sheet sent to
your inbox each week

Simply send an email to:

jayne.cudby@gmail.com

Supply your email address and name
and she will do the rest.

Brass Rota

Helen Pennington



Prices for advertising per annum:

Full page: £550

Half page: £275

Quarter page: £135

One eighth page: £70

Contact:

Adverts@StStephensHightown.org.uk

All Age Eucharist

1st Sunday of Every Month

10.30 at St Stephen's

Appropriate for all age groups
from the old to the very young

Readings, prayers, hymns,
folk group and a
celebration of the
Eucharist

A less formal service with
the Eucharist at the heart

For Baptisms, Weddings
and Funerals or any
pastoral need, please
contact the Vicar,
Revd Keith Thornborough
at

St Stephen's

on 0151 929 3097

Dates for your Diary:

28th August Family BBQ

26th Sept Cocktail Evening

28th November Christmas Fayre

Further details to be published

Reverend Jan Eastwood

The family, friends and neighbours of Revd Jan, in Ince Blundell, are very grateful that she is on our prayer list at St Stephen's. They, too, are keeping her in their prayers.

1960s Night

Saturday 6th June 7.30pm

St Stephen's Church Hall

Tickets £7.50 from Di Aldis: 0151 929 3612

Bring your own food and drink

GET YOUR GARDEN SUMMER-READY

Now's the time to plan, design & install – before the sunshine arrives.



SMALLEY WARD LTD

For all your decking
& fencing needs



NEW SHOW SPACE

Visit us at

Lady Green Garden Centre
Lady Green Lane,
Ince Blundell
L38 1QB

SOME OF OUR SERVICES

- ✓ Approved installer for Durapost fencing products
- ✓ Bespoke decking in timber & composite
- ✓ Design & build stylish garden rooms
- ✓ Design & install landscaping solutions
- ✓ Artificial grass (Easigrass Liverpool partner)

CONTACT US TODAY

07738 261886

info@swlgardenstructures.co.uk

Follow us @swlfencingdecking



**Homes Open in
Hightown**

**Sunday 14th June
12—4pm:**

**7 Mark Rd L38 0BG
(Barbara and Derek Jones)**

**11 Blundell Avenue L38 9 ED
(Karen Rimmer)**

**Westbank, School Rd L38 0BN
(Barbara MacArthur)**

**Combined admission £6,
children free. Tea , coffee
and cake at 7 Mark Rd**

Rusty Rose Fairy Den



Flower Fairy Workshops & Photobooth

 **07714 087736**

Hightown Physiotherapy Clinic

physiotherapy and acupuncture

registered with the Health
and Care Professions council



Tricia Blyth M.C.S.P.
07967 140809
25 Blundell Road,
Hightown

Back & Neck Pain
Sports Injuries
Arthritis
Post-Op Rehabilitation
Accupuncture

ABRAM FENCING

Est 1976 - "A Family Business"

Tel: 01704 889185
Mob: 07711 549489



Quality Fencing at affordable prices

Supplied or erected **FREE ESTIMATES**
Website: AbramFencing.co.uk

James Kershaw -Joiner-

Local Master Craftsman

All aspects of house maintenance
From hanging doors to home extensions

Free Written Estimates

01704 562564 & 07523 253391

NICK STARK FCCA

CHARTERED CERTIFIED ACCOUNTANT

- ★ accounts preparations for individuals, sole traders
partnerships, limited companies
- ★ tax returns, corporate & individual
- ★ payroll
- ★ bookkeeping (SAGE a speciality)
- ★ VAT
- ★ business reviews

27 Holmwood Gardens, Formby, Liverpool, L37 1NH

01704 778303



Specialists in all types of

- Flat Roofing
- Slating and Tiling
- Leadwork Repairs
- Storm Damage
- Guttering

All Type of Roofing Repairs

**Competitive Prices on UPVC
Replacement Fascia**

HIGHTOWN ROOFING COMPANY

6 Elmcroft Lane, Hightown, Merseyside. L38 3RN

PROPRIETOR: DAVID FEALEY

*for a FREE
no obligation quote call*

**Tel : 0151 929 3615
Mobile: 07970 688880**

We offer the following services:

- Will and Updates
- Lasting Power of Attorney
- Probate Administration
- Protective Property Trust Wills
- Advice on Long Term Care
- Secure Document Storage
- Equity Release
- Free Home Visits



We're here to help



Call NOW on

01704 546688



Visit us online at

thewwg.co.uk



To request a home visit call us or visit our website

Eldon Court, 39-41 Hoghton Street, Southport PR9 0NS Mobile: 07885 757361 Email: info@thewwg.co.uk



Dean Brothers

Independent Family Funeral Services since 1827

Tel: 01704 872023

At Dean Brothers we are very proud to be nearly 200 years old, providing caring, supportive services to the local communities of Formby, Southport and surrounding areas.

National Award Winning Services

Low Carbon Footprint, green energy supplied

Luxury Chapels of Rest

Prepaid funeral plans

Members of National Associations NAFD AND SAIF

SAIF Bereavement Care support



Verified Customer Reviews



Ecclesiastical
PLANNING SERVICES



www.deanbros.co.uk



Yoga Somatics At The Hightown Club

Monday 10.30-12.00 & 18.15-19.45

Tuesday 10.30-12.00

Please get in touch

Rose Billinge - mob: 07900 017 608

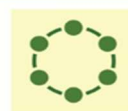
Email: rosebillinge@yahoo.co.uk

For regular giving—Everyone benefits

For details, Please contact:

Brian Taylor: 0151 929 2720

Keith Aldis: 0151 929 3612



PARISHGIVINGScheme



FEELING FLABBY, UNFIT
AND SICK OF DIETS?

WANT TO BE B-FIT + FABULOUS?

AS my FREE GIFT to you I will teach you how to:

Feel fabulous, toned, slimmer and healthier

Drop a dress size without calorie counting

Boost your energy and feel 10 years younger

Have the WOW factor

**TO CLAIM YOUR FREE GIFT AND BOOK YOUR
FREE B-FIT B-FABULOUS SESSION WORTH £60**

Call Gaynor on 07748 298 728 or email: Gaynor@B-Fit.uk.com
Only 6 places available — For success stories visit www.B-Fit.uk.com



PHIL TREE CARE Ltd.
PROFESSIONAL ARBORIST

Fully qualified and insured

Jubilee House, Altcar Road, Formby L37 8DL

www.philstreecare.co.uk

Company No: 11602820

Tel: 01704 778512

Mobile: 07799 453798

First Aid Approved



THE COMPANY YOU CAN TRUST

- Topping
- Pruning
- Re-shaping
- Felling
- Pollarding
- Crown Reduction
- Crown Thinning
- Crown Lifting
- Stump Grinding
- Stump Removal
- Removal of Dead Wood
- Landscaping



Keep this card for future reference.
We hope to see you soon!



Blundellsands Sailing Club

Established 1907 Hightown
New sailing members welcome!



*Whether you are a complete novice to sailing and want to give sailing a try
or are an experienced ocean dweller you are more than welcome at BSC.*

*If you are interested in joining the club or trying some sailing
with existing members, please contact:*

Rohan Pickard - Commodore
Rohan.Pickard@Gmail.com

Deryk Johnson - Vice Commodore
DerykJ@Gmail.com

THE VILLAGE STORE HIGHTOWN

3, School Rd, Hightown, Liverpool, L38 0BN

01519292138

- Satterthwaites bakery products
- Tansey's bakery products
- Greenhalgh's bakery products
- News & Magazines
- Milk & Dairy
- Chilled & Frozen foods
- Fruits & Vegetables
- Groceries
- Soft Drinks
- Alcohol
- Tobacco & E-cigs
- Household products
- Pet foods & Toys

WE STOCK MUCH MORE THAN YOU MIGHT THINK!

OTHER SERVICES

News paper delivery

Paypoint services

Payzone services

ATM

Parcel service



Southport Wills Caroline Speakman

- Specialist in Wills and Lasting Powers of Attorney
- Property Trust Wills
- Legacies & Bequests
- Home Probate Service
- Free Home Visits



If you would like some information or some guidance,
please email me or send a message through the Website.

You can also contact me on 07926 587776 to make an appointment.

Caroline Speakman

Member of the Society of Willwriters

Email: **southportwills@gmail.com**

Phone: **07926 587776**

Website: **www.southportwills.com**





LOVETOBUYYOURCAR.COM

**We buy all kind of cars and
we'd love to buy yours!**

Get your car valued by an expert, not a computer.
Any make, any model, regardless of age
or condition. We always offer a fair price.

**We're a local, trustworthy company
who will come to you.**

Call: Mike Braid 07887 637774
or email: info@lovetobuyyourcar.com

**ENTER YOUR
REGISTRATION
NUMBER**

Use the form above to send us your
car registration number

**WHATSAPP OR
TEXT YOUR
DETAILS**

Send your car registration number
and details to +44 (0)7887 637774

**RECEIVE A
VALUATION
NEXT DAY**

Our experts will research your car's
REAL value

Or visit: www.lovetobuyyourcar.com and follow the steps above.



Barringtons

INDEPENDENT FUNERAL SERVICES

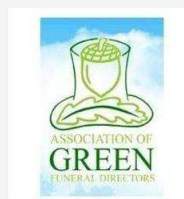
We are a local family owned funeral service.

Honouring lives by telling their stories.

We know that planning a funeral when someone has passed away or making plans for the future can be hard. We'll ensure that you have the funeral service you want, relevant to you and your loved ones.

We will support your choices and use our experience to ease the burden and help you say goodbye in your own way.

If you would like to talk to someone about later life choices please get in touch.



<https://barringtonsfunerals.co.uk>



WhatsApp

49 Liverpool Road, Formby, L37 6BT

Call: 01704 461511 (24 Hours)

email: info@barringtonsfunerals.co.uk

CALL PAUL LOCKSMITHS

ESTABLISHED 2000



A Registered Insured NCFE Certified Company
Call Paul for a Fast, Reliable, Professional Service

- UPVC & WOODEN DOOR SPECIALIST
- Emergency Door Opening
- UPVC Door Lock Repairs
- UPVC Door Lock Changes
- UPVC Door Lock Upgrades
- Wood Door Lock Changes
- All Work Guaranteed



TELEPHONE

01704 369930

MOBILE

07932 718362

WWW.CALLPAULLOCKSMITH.CO.UK



HIGHTOWN CLUB
Founded 1907

The Hightown Club

Thirlmere Road, Hightown, L38 3RQ

CRICKET (MENS, LADIES, GIRLS) * SQUASH * BOWLS * TENNIS
VETERANS FOOTBALL * CROSBY ST. MARY'S R.U.F.C. * SOCIAL CLUB

The Hightown Club is a village Sports and Members Club, which encompasses the heart of the Hightown Community. We host a range of sporting activities for all age groups at casual and competitive levels and we actively encourage the local community to enjoy the facilities at the Club by attending our wide range and top quality events or just dropping in for a friendly drink in our Sports Bar.

Sports Bar Opening Hours

Monday & Wednesday Closed. Tuesday & Thurs 6-10pm. Friday 6-11pm. Saturday 6-12pm. Sunday 1-9pm

Function Room for Hire for Special Events

Ideal for Celebrations, Christenings, Holy Communions, Weddings, Funerals, Conferences and Community Events.

For Catering Enquiries, Contact: Janet Holmes: 0151 929 2330 or 07504 399 103

For Membership Enquiries, Contact: Chris Scrine: 07884 491 807



TOWER HEATING

Your Local Worcester Bosch Accredited Partner

01704 834363

Here for you:

8am - 8pm

365 days a year



- ✓ Boiler Installations
- ✓ Boiler/Fire Servicing and Repairs
- ✓ Radiators
- ✓ Power Flushing
- ✓ Smart Thermostats
- ✓ Emergency Line



9015

Proud sponsors of - The Hightown & St. Mary's Cricket Club

www.towerheating.com



formbyflooringcentre

**Specialists in Carpets, Laminates,
Vinyls, Karndean**

37 - 39 Three Tuns Lane, Formby, L37 4AQ
Tel: 01704 834 371 - FAX: 01704 875 233

Ready when you need it...



FAST Same Day Print!

from supplied print ready files*

*only available on selected services

www.ThePrintQuarter.com Email: sales@pqssouthport.com Tel: 01704 543010

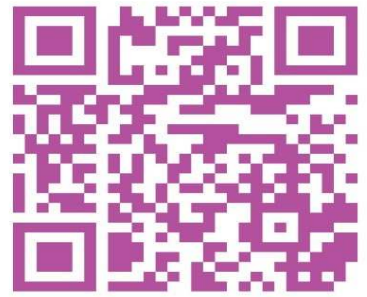
Eldon Court, 39-41 Hoghton Street, Southport PR9 0NS



Rusty Rose Bridal



Bouquets · Flower Crowns · Corsages



 **07714 087736**



YOUR FLOOR IS OUR PASSION

SOLID AND ENGINEERING WOOD FLOORING



07895 414106



07752 050084



PassionFloors@Gmail.com

PassionFlooring.co.uk

MIKE'S POWERWASH

**Industrial Power Cleaning
of Patios & Drives**

Phone Mike for your value price:

Tel: 0151 474 0760

Mob: 07738 304364



Wills and Powers of Attorney are powerful legal documents. The skill in preparing the right document for your circumstances comes from knowing to ask the right questions coupled with the experience and expertise to draft it correctly; and thereafter ensuring that the formalities of finalising the document are properly adhered to. If you cut corners there is a risk that your loved ones will only discover the problems when it is too late - causing them stress, heartache and unnecessary financial loss.

Don't leave it to chance.

Make sure you only use an individual who personally is:

- a qualified professional
- a dedicated specialist
- highly experienced
- formally regulated by a recognised legal body
- insured as per regulatory requirements
- accredited member of Solicitors for the Elderly and STEP

Elizabeth Foggin TEP, Solicitor at Autumn Years Law is your local expert in:

- Wills & Trusts
- Court of Protection/ Deputyship
- Lifetime & Inheritance Tax Planning
- Lasting Powers of Attorney
- Probate & Estate Administration
- Elderly client services

Our friendly approach is both compassionate yet professional and as a company we are committed to providing you with high quality legal advice. Free home/hospital visits are available if you have physical difficulties in being able to come to us.

Autumn Years Law, 22-24 Chapel Lane, Formby L37 4DU (inside Derbyshires)

www.autumnyearslaw.co.uk Tel: 01704 870404 info@autumnyearslaw.co.uk

Private, ethical general practice

GP appointments to suit you

- Experienced GPs
- Longer appointments
- Face-to-face consultations
- Medical weight management
- Phone & video calls
- Coils for HRT
- Home visits

Formby GP
4 Victoria Buildings
Victoria Road, Formby L37 7DB
01704 617050



www.formbygp.com

Easy Fundraising

St Stephens has have been using #easyfundraising to raise FREE donations for the Church when we shop online. We have just been paid! These donations will make a BIG difference and you can help during this difficult time too - it only takes 2 minutes to sign up and 4,500+ shops (including Amazon and Ebay) will donate for free, every time you shop online with them!

Why not visit:

[easyfundraising.org.uk/causes/ststephenschhightown/
payments/60537b0af62fd200266cbd30/](https://easyfundraising.org.uk/causes/ststephenschhightown/payments/60537b0af62fd200266cbd30/)

to find out more ?

As that famous advertising slogan tells us: 'every little helps'.



home instead.

Care *starts* at home



In-home care tailored to your needs.

- Personal Care
- Live-in Care
- Companionship
- Home Help
- Nail Care
- Dementia Care

0151 526 1225

www.homeinstead.co.uk/liverpoolandsefton

Each Home Instead franchise is independently owned and operated. Copyright© Home Instead UK® 2025

Village Organisations and Activities

Tuesday Group, St Stephen's Hall Tuesday morning 10.30am	Beryl Howard Jan Branigan
Hightown Friendship Group 1st Wednesday at 8pm St Stephen's Hall	Marjorie Walker
Gardening Club 2nd Monday 8pm St Stephen's Hall	Hilary Munro
Bowling Club, Sandy Lane	Diana Killen
Hightown Club	Chris Scrine
Blundellsands Sailing Club	Rohan Pickard RohanPickard@gmail.com Deryk Johnson DerykJ@gmail.com
Yoga Classes, Hightown Club	Rose Billinge
Flower Show	Debbie Underhill underhillsathome@aol.com
Open Mic Poetry Group 3rd Thursday 7.30pm St Stephen's Church hall	Sally Anne tapiabowes@gmail.com Alex
Craft Group, Every Thursdays 1.30-3.30pm, St Stephen's Hall	Sue Taylor
Hightown Parish Council	Jenny Farrar clerk@hightownparishcouncil.uk www.hightownparishcouncil.uk
Community Library, Alt Centre, Lower Alt Rd. Mon 12-2, Weds 11.30-12.30, Fri 10-12	Linda Munro lindamunro@hotmail.com
Zumba Gold, Dance for all aged 55 plus, Mondays 9.45-10.30, St Stephen's Hall	Nicky Garsforth
Creo Dance Company Mon Tues Wed Thurs Sat Children 3 to 18 years	Georgia Cardwell

Eco Tips for June from A Rocha UK

Take part in citizen science or a local nature event. Citizen science is a way for ordinary people to get involved in scientific research or data collection. There are many projects to choose from and it's easy to make a contribution. Invite others to get involved with you too. Here are some projects that you could help with:

Search your local beach with a shore survey: wildlifetrusts.org/shoresurvey

Spend 10 minutes counting pollinators: ukpoms.org.uk

Join in with Churches Count on Nature(4—16 June): arocha.org.uk/what-we-do/churches-count-on-nature/

Do a bee walk: beewalk.org.uk

Join Great Big Green Week (6-14 June): greatbiggreenweek.com

Visit Arocha.org.uk for more.

Beware of Ticks in the Dunes

Ticks are small spider like insects. They feed on the blood of mammals and birds, including humans. They vary in size and are normally 1mm to 1cm long. Before feeding they are a grey colour and once having crawled onto their victim to feed, they become a darker reddish colour. They do not fly or jump.



Tick season commences in March and goes on through until October, sometimes longer. They are to be found in grassland, shrubland and wooded areas such as our sand dunes, where they may crawl onto your limbs as you walk. Unfortunately, some ticks carry the bacteria which can cause Lyme Disease in humans.

There are many precautions we can take: Covering our arms and legs whilst tucking our trousers into our socks, using an insect repellent spray and checking our skin after a walk in the dunes and the skin of our pets. Ticks must be removed carefully. For further information on how to treat, please look at the NHS site.



Prayer Prompts for June

From Teresa of Avila

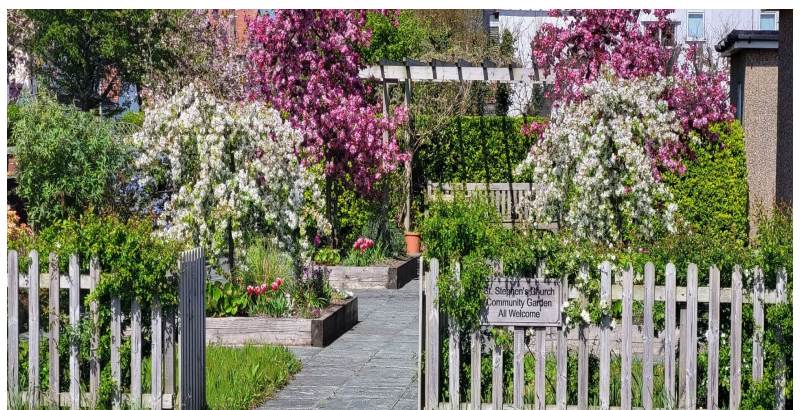
Week 1. Let nothing disturb you. Let nothing frighten you. All things are passing. God never changes. Patience obtains all things. Whoever has God lacks nothing. God alone suffices.

Week 2. Trust God that you are exactly where you are meant to be.

Week 3. We need no wings to go in search of him, but have only to look upon him present within us.

Week 4. We shall never learn to know ourselves except by endeavouring to know God; for beholding his greatness, we realise our own littleness.

*Let us pray for the people of:
Whitefield Close, Langley Close and Richmond Close
And the people of the Range and Altcar Camp*



Many thanks to Berenice and Judith for tending the church hall garden in all weathers! This spring, the garden looked more beautiful than ever, with the trees adorned like brides in their pastel coloured blossoms and not one single weed in sight!

Please remember in your prayers, the family and friends of
Mike Kennan, who, sadly, died in May.



Eternal rest grant unto him, O Lord, and let perpetual light
shine upon him, may he rest in peace and rise in glory. Amen.



Kate's Lemon Drizzle Cake

With the Hightown Flower Show fast approaching, Kate, who has won many prizes for her cakes at the show, over the years, has kindly sent us her prize winning recipe for this category.

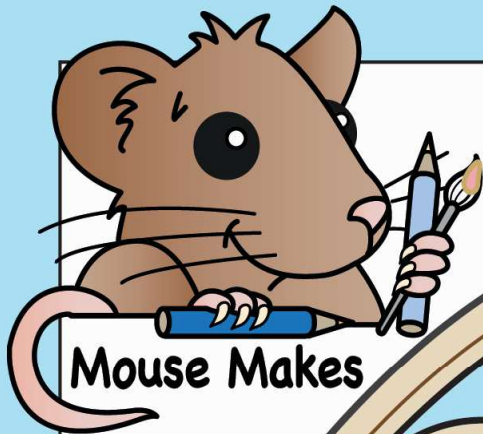
Ingredients:

- 175g (7oz) Sugar
- 175g (7oz) Margarine or Butter
- 2 large unwaxed lemons
- 4 tbsp of milk (or non-dairy alternative)
- 2 medium eggs
- 175g (7oz) of self-raising flour
- PLUS
- 3 tbsp of granulated sugar for the topping

Method:

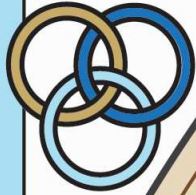
1. Pre-heat oven to 180°C/160°C Fan/350°F/Gas Mark 4
2. Grease and line a large (900g/2lb) loaf tin
3. Cream together the butter and the larger quantity of sugar until pale and fluffy, then grate in the zest of the lemons (put the zested lemons to one side - you will need the juice later): mix well.
4. Add the milk, then stir in the eggs, one at a time, each with a spoonful of the flour.
5. Mix in the remaining flour.
6. Spoon the mixture into the cake tin and bake for 45 -50 minutes, or until golden and a skewer inserted into the centre comes out clean.
7. Leave the cake in its tin and, using a cocktail stick, immediately prick holes all over the top of it.
8. Next, juice the 2 lemons and boil the juice in a pan until the quantity reduces down to about 3 tbsp. Allow to cool slightly then stir in the 3 tbsp of sugar (you want this to remain grainy, not dissolve completely).
9. Pour the lemon juice and sugar mixture all over the top of the still warm cake, and leave the cake to go cold before removing it from its tin.





"May the grace of the Lord
JESUS CHRIST and the
love of **GOD** and the
fellowship of the
HOLY SPIRIT be
with you all."

2 Corinthians
13:14



V
H I W
V E N L R
S L A E P L G
H A L D O O R
E M E W O R D
P B R E A D W
H L A L P H A
E E M C G J Y
R M E H O E K
D M I R S S T
S A V I O U R
P N E S N S U
O U N T L O T
M E S S I A H
R L G B F I S
K E O M E G A

JESUS • CHRIST
SON • SAVIOUR • LORD
EMMANUEL • MESSIAH
SHEPHERD • LAMB • WAY
TRUTH • LIFE • DOOR
BREAD • WORD • HEALER
VINE • ALPHA • OMEGA

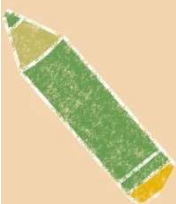
O
I S D
J Y I A M
A C G O D J M
L R O C K U A
M E L O R D J
I A B B A G E
G T D E B E S
H O Y R F E T
T R A H A T Y
Y G H O I E F
V S W L A R A
O H E Y E N T
J E H O V A H
I K I N G L E
S H I E L D R
S A V I O U R

GOD • FATHER
ABBA • LORD • JEHOVAH
YAHWEH • ALMIGHTY
HOLY ONE • SAVIOUR
ETERNAL • CREATOR
KING • MAJESTY • JUDGE
SHIELD • ROCK • I AM

V
U D E
T R U T H
T H A H S R I
O S P O W E R
U L F L I F E
P O W Y N D R
A W I S D O M
D B E P B V C
V W T I R E O
O I E R E F M
C T R I A I F
A N N T T R O
T E A C H E R
E S L G I F T
D S G U I D E
T H E L P E R

HOLY SPIRIT
GIFT • HELPER • WITNESS
COMFORTER • GUIDE
ADVOCATE • WISDOM
POWER • TRUTH • BREATH
LIFE • ETERNAL • DOVE
WIND • FIRE • TEACHER





ST STEPHEN'S CHURCH SUNDAY SCHOOL



EVERY 3RD SUNDAY @ 10:30AM



Magazine part-sponsored by John Gibson - notary services



Toddler Time

A new fun group for Toddlers 0-4yr and their carers!

St. Stephen's Church Hall

Fridays 10:00am-11:30am term time

Play- Craft- Snack- Story- Songs- Fun!

ALL WELCOME!

Toddler Church

St Stephen's Church

2nd Sunday of each month 4:00pm

A service for pre-schoolers and their families

Fun songs, a bible story, craft and refreshments

We look forward to meeting you!

Youth Club

From age 7

Friday Evening Term Time

6pm until 7:15pm

£2.00 includes snacks and drinks

Contact: Jane Bessant 07776 305 660

**Please note that there will be no youth club
during school holidays**