

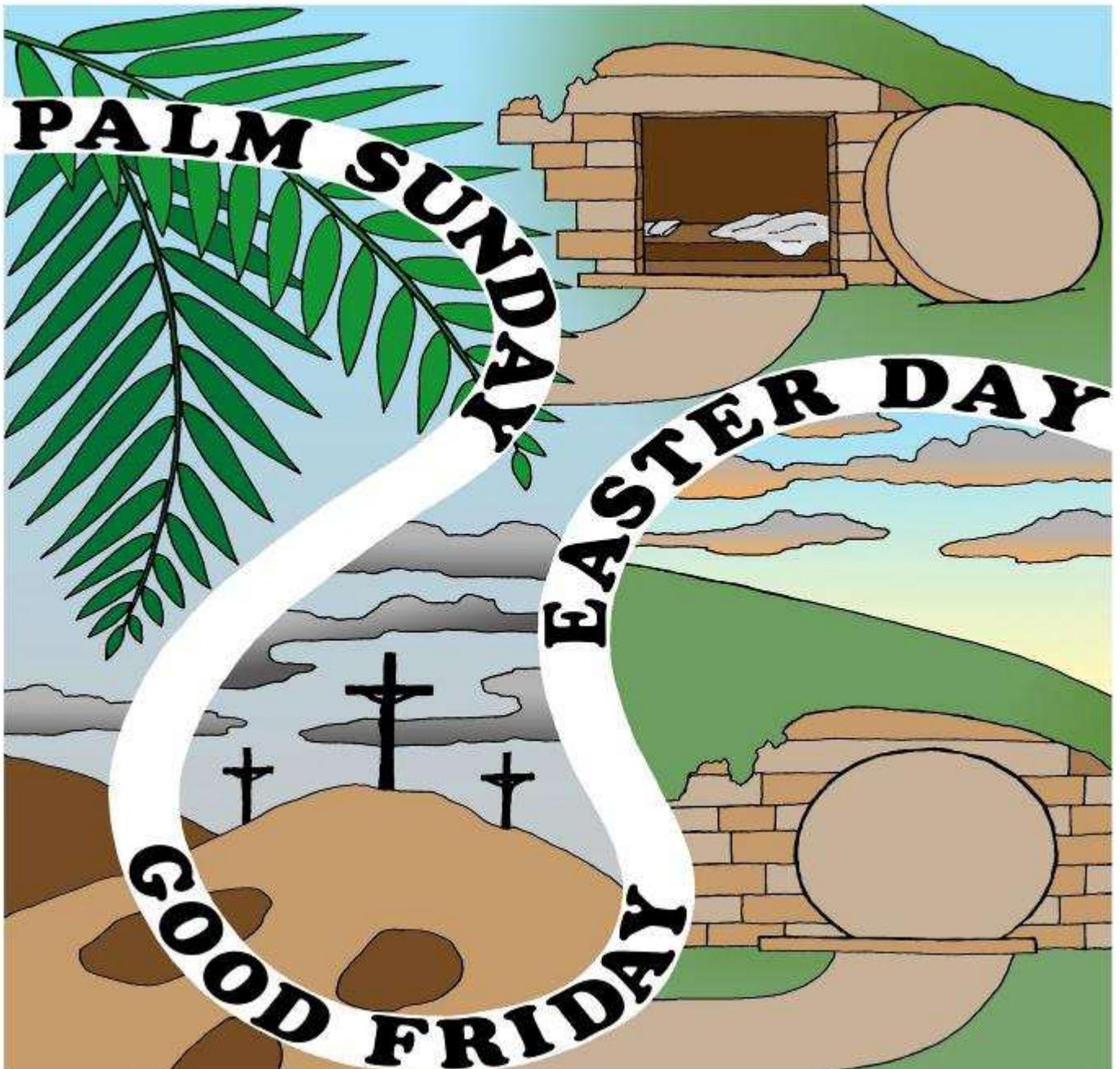
March 2024

FOCUS

Issue 282



Parish Magazine of St Stephen's, Hightown



Editor's Note

Isn't it hard to buy a gift for someone? Whether it's for a daughter, a friend, (not to mention husband or brother!), there's always a niggling feeling that:

- A. They may already have one
- B. It won't be the correct size or colour
- C. They simply just won't like it

I'll never forget the time when, as a teenager, my mother knitted me a Fairisle jumper for my birthday. It was intricately patterned in muted, coastal shades of beige, blue and green. It would have been a beautiful work of craftsmanship, if only the two arms had been the same length! She tried to gloss over its shortcomings (literally) and told me to roll the longer sleeve up to match the other! Needless to say, I never wore it. I think she unravelled it at a later stage and turned it into a hat, scarf and mittens. A much safer option!

Even more difficult, and, if I can ask this question reverently :

What would you buy for God?

Would you buy me?

With all my faults and failings, weaknesses and sin?

But Jesus did! And, moreover, He paid the highest possible price. He bought me with the most valuable currency of all - His own blood. He gave to me, as a free gift, that which I can never merit - His life. He was my substitute on the cross on Calvary. And yours too.

Wishing you all a meaningful Lent and a very happy Easter,

Colette



Entries for future issues of Focus to be sent to
Focus.Mag.2023@StStephensHightown.org.uk
Please submit before last day of month



Dear Friends,

During the month of March we will continue our journey through Lent, ending the month with Palm Sunday, Holy Week and, of course, Easter Day, when we celebrate the risen Lord Jesus Christ. Alleluia!

People often give things up for Lent like chocolate or wine or beer! But sometimes this 'giving up' is not for the right reasons!! I'll say no more on that!

As a Church, here at St Stephen's, we will have been looking at giving. It's part of our Diocesan 'Rule of Life', called to Read, Learn and Pray and sent to Tell, Serve and Give. We will have looked at generosity and what it truly means to give.

In Lent, our goal is to be intentional about the spiritual disciplines of: prayer and scripture, self-reflection and self-discipline and a commitment to shared worship and shared life. The practice of generosity is among those core spiritual disciplines.

Generosity is not only about what we do, but also about who we are. We should try to be generous disciples in all aspects of our living and giving. Generous discipleship does not pretend that generosity is easy, in fact, no spiritual discipline is easy. We don't pretend that there isn't a 'cost of living crisis', because there is, and it is a very real, ongoing challenge to individuals as well as organisations including the church here.

Jesus encouraged his disciples not to worry and told them to give generously. You can read about this in +Luke 12:22-34.

When we think of our Father God, a loving generous God, and His Son, Jesus Christ, we see selfless giving. God gave us his Son. Jesus gave himself to die on the cross for us, to pay for our sin and our wrongs and to provide a way to life in eternity. Death is defeated. Such love. Such generosity.

Even on the cross, Jesus prayed, "Father, forgive them, for they do not know what they are doing". Such love. Such generosity.

Jesus said to the criminal on the cross at his side, "Today you will be with me in paradise". Such love. Such generosity.

Can I, this Lent, encourage you to think about selfless, generous living and giving. Not just the giving of money, as important as that is, but the giving of time, of help, of small tokens of thoughtfulness, of love and of care?

When we truly reflect on our loving and generous God and His Son Jesus, whose compassion, mercy and grace are beyond what we could really expect, please can we pray and ask ourselves the question, "I want to help more. Am I living and giving enough. Am I"?

Thank you to everyone who gives to St Stephen's in so many ways.

God Bless,

Keith

St Stephen's Church Services

March

Friday 1st	09.30	Morning Prayer
Sunday 3rd	10.30	All Age Eucharist
	18:00	BCP Evening Prayer
Wednesday 6th	10:30	Eucharist
Friday 8th	09:30	Morning Prayer
Sunday 10th	10:30	Eucharist for Mothering Sunday
	16:00	Toddler Church
	18.00	BCP Evening Prayer
Wednesday 13th	10:30	Eucharist
Friday 15th	09:30	Morning Prayer
Sunday 17th	10:30	Eucharist
	18:00	BCP Evening Prayer
Wednesday 20th	10:30	Eucharist
Friday 22nd	09:30	Morning Prayer
Sunday 24th	10:30	Eucharist for Palm Sunday
	18:00	BCP Holy Communion
Monday 25th	19:30	Evening Prayer
Tuesday 26th	19:30	Eucharist
Wednesday 27th	10:30	Eucharist
	19:30	The Stations of the Cross
Maundy Thursday 28th	19:00	Eucharist & Stripping of the Altar and Sanctuary
Good Friday 29th	09:30	Morning Prayer
	10.00	Walk of Witness
	14:00	"Last Words of Love" An hour at the cross
Holy Saturday 30th	19:30	Vigil Service
Easter Day Sunday 31st	10:30	Festival Eucharist for Easter Day
	18:00	BCP Holy Communion

Holy Week, 24th to 31st March



Palm Sunday 24th March

10.30am Meet in St Stephen's Hall

6pm BCP plus Holy Communion



Monday 25th	Evening Prayer	7.30pm
Tuesday 26th	Eucharist	7.30pm
Wednesday 27th	Eucharist	10.30am
	Stations of the Cross	7.30pm

Maundy Thursday

6pm St Stephen's Hall for Supper

Followed by the Eucharist in St Stephen's Church with the Washing of Feet/
Hands, the Stripping of the Church and the Watch.

Good Friday

09.30 Morning Prayer

10am meet in St Stephen's Church for coffee and hot cross buns

10.30am Hightown Walk of Witness and Stations of the Cross

Lunch at Our Lady of Victories Church Hall

2pm St Stephen's Church

"Last Words Of Love"

A gentle service with hymns, readings and time for reflection



Holy Saturday 7.30pm Vigil Service



Easter Day

10.30 Festival Eucharist
6pm BCP plus Holy Communion



Who's Who at St Stephen's

Vicar	Revd Keith Thornborough
Warden	Judith Welsh
PCC Secretary	Beryl Howard
PCC Treasurer	Keith Aldis
Gift Aid Secretary	Brian Taylor
Safeguarding	Cath Marshall cathmarshall47@yahoo.co.uk
Electoral Roll	Beth Cresswell
Sacristan Team	Hazel Roberts
Health and Safety	TBA
Flower Rota	Hilary Munro
CMS Secretary	Beryl Howard
St Stephen's Youth Club	Jane Croxton
Church Hall	Sally Fraser
Focus Editor	Colette Hudson Focus.Mag.2023@StStephensHightown.org.uk
Focus Adverts	Colette Hudson Adverts@StStephensHightown.org.uk
Focus Distribution	Mr and Mrs K Bradshaw
St Stephen's Church Website	StStephensHightown.org.uk

In memory of Dennis Southwick

Hightown has lost a distinguished resident in Dennis Southwick who has died aged 89. He had two periods of residence here, in Hightown. Working for Lloyds Bank, and being posted to Liverpool in the 1960's, he lodged in School Road. The experience so pleased Dennis, that when he returned to Liverpool, via the Isle of Man and Bolton, he decided to purchase a house in Hightown, and here he spent the rest of his life.

Dennis was a man of many parts. Foremost, his Christian faith was the guiding light of his life and being. He was a faithful member of St Stephen's Church, serving at one time as churchwarden. He was a member of the Parochial Church Council and a keen participator in the "Word Together" Bible study group. He provided the coffee for the after-service refreshments – FAIRTRADE by insistence - and nominated the charity to which donations for this were sent. For many years Dennis acted as co-ordinator of the Prayer Prompts pages in this magazine

In his retirement, Dennis led a busy and interesting life. He used his banking skills as a volunteer at the World Shop in Bold Street, Liverpool where he became an honorary treasurer. He once said that he did not mind spending Christmas Day alone as he could do the shop accounts, unlikely to be disturbed. He loved walking and belonged to a local walking group, chosen because it organised Saturday walks.

Dennis was also a very cultured man. He had a great love of classical music. In his home, he had set up a state-of-the-art music centre to enable him to listen at his leisure. He was a member of and speaker for the Southport Recorded Music Society. He often went to concerts at the Philharmonic Hall, frequently with Francis Briscoe and Colin Goodyear, who also accompanied him to plays in Manchester and Mold. Until very recently, he travelled to the annual chamber music festivals in Aldeburgh and Oxford.

On the domestic front, Dennis enjoyed gardening. He grew gooseberries, which appeared in tarts at church lunches and made marmalade which he entered into the village flower show. As a Yorkshireman, he appreciated the curd tarts brought back for him by friends, from Betty's in Ilkley, where his parents used to live.

Dennis was a lovely, loyal and faithful gentleman who will live on in our hearts and memories.

*Eternal rest grant unto him, Lord, and let perpetual light shine upon him,
may he rest in peace and rise in glory. Amen.*



Prayer Prompts For March



- 1st. **St. David.** For the Church of Wales, its bishops, clergy and laity.
For the people of Blundell Avenue and Alton Close.
- 2nd. For those who work in health care.
For the people of Marston Crescent and Larkhill Grove.
- 3rd. **Third Sunday of Lent.** For the work of all fair trading organisations.
For the people of Whitefield Close and Oakfield Road.
- 4th. We give thanks for our local clergy and pray that more people will feel called to serve in this way.
For the people of Holmfield and Moss Lane.
- 5th. That we may have the will to be the servant of others.
For all the people of Hightown.
- 6th. For the elderly and housebound.
For the people of Blundell Road.
- 7th. For all those who work in agriculture.
For the people of North End Lane, and local farms.
- 8th. For those involved in education.
For the people of Thirlmere and Windermere Roads.
- 9th. For church musicians especially our organists and choir.
For the people of Blundell Grove and Wignalls Meadow.
- 10th. **Fourth Sunday of Lent. Mothering Sunday.** We remember all Mothers especially those who struggle alone.
For the people of Old Acre.
- 11th. For those involved in justice at home or abroad.
For the people of Withinsfield.
- 12th. That we may be open to God's will for us.
For all the people of Hightown.
- 13th. For those who work in the emergency services.
For the people of Hester Close and St. Stephen's Road.
- 14th. For those who are lonely in our community, may we be open to their needs.
For the people of St. George's Road and Sandy Lane.
- 15th. For chaplains in hospitals, prisons and universities.
For the people of Mark Road.

Prayer prompts (contd)



- 16th. For the people of Our Lady of Victories.
For the people of North Dunes and Westway.
- 17th. **Fifth Sunday of Lent.** For courage and in those working for reconciliation.
For the people of Alt Road and Lower Alt Road.
- 18th. For the local commerce and industry.
For the people of Elvington Road.
- 19th. **Joseph of Nazareth.** For those involved in Christian mission.
For all the people of Hightown.
- 20th. We remember all fathers and those responsible for the upbringing of children.
For the people of Village Way and Roundway
- 21st. For those who serve in the armed forces at home and abroad.
For the people of the Ranges and Altcar Camp.
- 22nd. For the sick and their carers.
For the people of Sandhills and Blundell Avenue.
- 23rd. For our young people and the work of the Children's Society.
For the people of Moorhouses and Bankside.
- 24th. **Palm Sunday.** For all who are homeless and the charities which work to support them.
For the people of School Road and Gorsey Lane.
- 25th. For those seeking employment.
For the people of Elmcroft Lane and Emerson Close.
- 26th. That we may follow Jesus' example of showing love towards all people.
For All The People Of Hightown.
- 27th. For the different groups which meet in St Stephen's Church Hall.
For the people of Tudor Gardens and Thirlmere Mews.
- 28th. **Maundy Thursday.** For the members of the P.C.C. and their work.
For the people of Langley Close and Richmond Close.
- 29th. **Good Friday.** For those seeking employment and those who guide them.
For the people of Thornbeck Avenue and Mayfair Close.
- 30th. For political prisoners and the work of Amnesty International.
For the people of Riverside.
- 31st. **Easter Day.** For the bereaved and those who carry great sadness.
For the people of Briary Croft.

Sunday Coffee Rota

March

3rd Jane Croxton

10th Christine Grocott

17th Shirley Burns

24th Beryl Howard



Brass Rota

March

Kevin Bradshaw

For Baptisms, Weddings
and Funerals or any
pastoral need, please
contact the Vicar,
Revd Keith Thornborough
at

St Stephen's

on 0151 929 3097

Flower Rota

March

3rd Lent

10th Mothering Sunday

17th Lent

27th Palm Sunday

31st Easter Flowers



"The new vicar is really cool, Dad.
Did you know that God emailed the Ten
Commandments to Moses' Tablet PC?"

St Stephen's Church Hall

Toddler Group

Term time

Every Friday 09.15 to 11.15

Sherry and Soup Lunch plus Sing-along

A delicious **FREE** lunch was enjoyed by Hightown residents on the 7th February, held in the Church Hall. A team of chefs and volunteers worked hard to provide good, tasty food in a lovely setting.



The wonderful Formby U3A Ukelele Group provided a fabulous concert and everyone joined in with the singing (and some dancing)!. There was a great atmosphere. So a big thank you to the group of 18 players and singers.

There will be further events to be held during the year and these dates will be advertised.



Please don't forget to join us at our regular coffee mornings held on the first Saturday of each month – 10.00am to Noon.

Sometimes we will have a mixture of a cake stall or flower and plant stall, White Elephant or a book and greeting cards stall.

Hello from our **Craft Group.**

We meet in **St Stephen's Church Hall**, on **Thursday afternoons, 1.30 - 3.30pm**

We can arrange for lifts for people who don't have transport. We are a happy group of people who enjoy a variety of crafts, although at the moment we are doing a lot of knitting. We donate our finished products to the local Hospices and also to Alder Hey for premature babies. Our knitters say they feel great satisfaction in knowing that their skills are being passed on for the benefit of others.

We would like to invite you to join us at any time. If you would like to learn new skills or just be part of a welcoming group to sit, chat, and enjoy a cuppa then

PLEASE DO COME ALONG.

A warm welcome awaits you.

Sue Taylor 929 2720





Eco Tips from A Rocha UK

MARCH Celebrate Spring. Immerse yourself in the sights and sounds of the season – breathe in the fragrance of blossoms, observe budding catkins, note different bird

songs, spot footprints, or use the Pl@ntNet app to identify spring flowers.

Nature can boost our happiness, so spend time in your garden, on your balcony, and in local green spaces. Dedicate quality time to appreciate creation's beauty, and thank God for the hope that spring can bring with our Lent resources at arocha.org.uk/connect-with-gods-creation-overlent/

St Stephen's Church would like to thank our many advertisers for supporting our magazine.

**CALL PAUL
LOCKSMITHS**
ESTABLISHED 2000



A Registered Insured NCFE Certified Company

Call Paul for a Fast, Reliable, Professional Service

- UPVC & WOODEN DOOR SPECIALIST
- Emergency Door Opening
- UPVC Door Lock Repairs
- UPVC Door Lock Changes
- UPVC Door Lock Upgrades
- Wood Door Lock Changes
- All Work Guaranteed

TELEPHONE

01704 369930

MOBILE

07932 718362

WWW.CALLPAULLOCKSMITH.CO.UK





LOVETOBUYYOURCAR.COM

We buy all kind of cars and we'd love to buy yours!

Get your car valued by an expert, not a computer.
Any make, any model, regardless of age
or condition. We always offer a fair price.

We're a local, trustworthy company
who will come to you.

Call: Mike Braid 07887 637774
or email: info@lovetobuyyourcar.com

ENTER YOUR REGISTRATION NUMBER

Use the form above to send us your
car registration number

WHATSAPP OR TEXT YOUR DETAILS

Send your car registration number
and details to +44 (0)7887 637774

RECEIVE A VALUATION NEXT DAY

Our experts will research your car's
REAL value

Or visit: www.lovetobuyyourcar.com and follow the steps above.

The Will Writing Guild (UK) Ltd or The WWG has been established for over 25 years, providing Will services across the North West. During this period, we have prepared thousands of Wills, many of which have been referrals and recommendations by our existing clients.

We offer the following services:

- Will and Updates
- Lasting Power of Attorney
- Probate Administration
- Protective Property Trust Wills
- Advice on Long Term Care
- Secure Document Storage
- Equity Release
- Free Home Visits



We're here to help



Call NOW on

01704 546688



Visit us online at

thewwg.co.uk



To request a home visit call us or visit our website

Eldon Court, 39-41 Houghton Street, Southport PR9 0NS Mobile: 07885 757361 Email: info@thewwg.co.uk



Dean Brothers

Independent Family Funeral Services since 1827

Tel: 01704 872023

At Dean Brothers we are very proud to be nearly 200 years old, providing caring, supportive services to the local communities of Formby, Southport and surrounding areas.

National Award Winning Services

Low Carbon Footprint, green energy supplied

Luxury Chapels of Rest

Prepaid funeral plans

Members of National Associations NAFD AND SAIF

SAIF Bereavement Care support



Verified Customer Reviews



www.deanbros.co.uk



Local Electrician

Info@unime-group.co.uk

Over 20 years experience

No job too small. Free quotes

Tel: Stephen-07563825421



For regular giving—Everyone benefits

For details, Please contact:

Brian Taylor: 0151 929 2720

Keith Aldis: 0151 929 3612



ABRAM FENCING

Est 1976 - "A Family Business"

Tel: 01704 889185

Mob: 07711 549489



Quality Fencing at affordable prices

Supplied or erected **FREE ESTIMATES**

Website: AbramFencing.co.uk

James Kershaw -Joiner-

Local Master Craftsman

All aspects of house maintenance
From hanging doors to home extensions

Free Written Estimates

01704 562564 & 07523 253391

NICK STARK FCCA

CHARTERED CERTIFIED ACCOUNTANT

- * accounts preparations for individuals, sole traders partnerships, limited companies
- * tax returns, corporate & individual
- * payroll
- * bookkeeping (SAGE a speciality)
- * VAT
- * business reviews

27 Holmwood Gardens, Formby, Liverpool, L37 1NH

01704 778303



Specialists in all types of

- Flat Roofing
- Slating and Tiling
- Leadwork Repairs
- Storm Damage
- Guttering

All Type of Roofing Repairs

*Competitive Prices on UPVC
Replacement Fascia*

HIGHTOWN ROOFING COMPANY

6 Elmcroft Lane, Hightown, Merseyside. L38 3RN

PROPRIETOR: DAVID FEALEY

*for a FREE
no obligation quote call*

Tel : 0151 929 3615

Mobile: 07970 688880



Jeff

All aspects of Painting and
Decorating

LambethDecoratingServices@Yahoo.co.uk

North West Areas, 20 Years Experience

No job too small, Free Quotes

07837 463995

Prices for advertising per annum:

Full page: £550

Half page: £275

Quarter page: £135

One eighth page: £70

Contact:

Adverts@StStephensHightown.org.uk



Barringtons

INDEPENDENT FUNERAL SERVICES

Family owned and run business by David and Claire Barrington. Offering care and support for a personal and relevant service for all your arrangements.

- Arrangements made in your own home.
- Pre-paid funeral plans available from Ecclesiastical Planning Services.
- Private chapels of rest available.
- Environmentally conscious funerals available.
- Free estimates given without obligation.
- Please visit our website for details of all our fees and charges.

www.barringtonsfunerals.co.uk



Offices :

28 Crosby Road North, Waterloo, L22 4QF - 0151 928 1625
38 The Marian Square, Netherton, L30 5QA - 0151 329 3525
49 Liverpool Road, Formby, L37 6BT - 01704 547851

FIND OUT WHAT YOUR HOME IN HIGHTOWN IS WORTH



Use My FREE Instant Online Valuation Tool

If you're thinking of moving, start by getting a Hometrack Valuation Report to see how much your home is worth.

This report normally costs £19.95 and includes ALL recent house sales near you!

Julie Hopkins
Branch Director



Get your **FREE** online valuation report now at: www.EweMove.com/Hightown or call: (24/7) **0151 305 0917**

EweMove respects any existing sole agency agreement already in place with another agent.



Blundellsands Sailing Club

Established 1907 Hightown



New sailing members welcome!

Whether you are a complete novice to sailing and want to give sailing a try or are an experienced ocean dweller you are more than welcome at BSC.

No boat required!

We sail all manner of yachts up to 30ft in length from moorings in the Alt between April and October. During the winter we fit out our boats in the boat yard with lots of socialising and events throughout the year at our club house overlooking the shore.

If you are interested in joining the club or trying some sailing with existing members, please contact:

Rohan Pickard - Commodore
Rohan.Pickard@Gmail.com

Deryk Johnson - Vice Commodore
DerykJ@Gmail.com



FEELING FLABBY, UNFIT
AND SICK OF DIETS?

WANT TO BE B-FIT + FABULOUS?

AS my FREE GIFT to you I will teach you how to:

Feel fabulous, toned, slimmer and healthier

Drop a dress size without calorie counting

Boost your energy and feel 10 years younger

Have the WOW factor

**TO CLAIM YOUR FREE GIFT AND BOOK YOUR
FREE B-FIT B-FABULOUS SESSION WORTH £60**

Call Gaynor on 07748 298 728 or email: Gaynor@B-Fit.uk.com
Only 6 places available — For success stories visit www.B-Fit.uk.com



HIGHTOWN CLUB
Founded 1907

The Hightown Club

Thirlmere Road, Hightown, L38 3RQ

CRICKET (MENS, LADIES, GIRLS) * SQUASH * BOWLS * TENNIS
VETERANS FOOTBALL * CROSBY ST. MARY'S R.U.F.C. * SOCIAL CLUB

The Hightown Club is a village Sports and Members Club, which encompasses the heart of the Hightown Community. We host a range of sporting activities for all age groups at casual and competitive levels and we actively encourage the local community to enjoy the facilities at the Club by attending our wide range and top quality events or just dropping in for a friendly drink in our Sports Bar.

Sports Bar Opening Hours

Monday & Wednesday Closed. Tuesday & Thurs 6-10pm. Friday 6-11pm. Saturday 6-12pm. Sunday 1-9pm

Function Room for Hire for Special Events

Ideal for Celebrations, Christenings, Holy Communions, Weddings, Funerals, Conferences and Community Events.

For Catering Enquiries, Contact: Janet Holmes: 0151 929 2330 or 07504 399 103

For Membership Enquiries, Contact: Chris Scrine: 07884 491 806



TOWER HEATING

Your Local Worcester Bosch Accredited Partner

01704 834363

Here for you:
8am - 8pm
365 days a year



- ✓ Boiler Installations
- ✓ Boiler/Fire Servicing and Repairs
- ✓ Radiators
- ✓ Power Flushing
- ✓ Smart Thermostats
- ✓ Emergency Line



Proud sponsors of - *The Hightown & St. Mary's Cricket Club*

www.towerheating.com



formbyflooringcentre

Specialists in Carpets, Laminates,
Vinyls, Karndean

37 - 39 Three Tuns Lane, Formby, L37 4AQ
Tel: 01704 834 371 - FAX: 01704 875 233

Ready when you need it...



FAST Same Day Print!

from supplied print ready files*

*only available on selected services

www.ThePrintQuarter.com Email: sales@pqsouthport.com Tel. 01704 543010



Eldon Court, 39-41 Hoghton Street, Southport PR9 0NS

Hightown Physiotherapy Clinic

physiotherapy and acupuncture

registered with the Health
and Care Professions Council



Tricia Blyth M.C.S.P.

07967 140809

25 Blundell Road,
Hightown

Back & Neck Pain
Sports Injuries
Arthritis
Post-Op Rehabilitation
Accupuncture

YOUR FLOOR IS OUR PASSION
SOLID AND ENGINEERING WOOD FLOORING

Sanding - Installation
Repairs - Stairs & Worktops

Phone: 0789541406
Phone: 07752050084
Email: PassionFloors@gmail.com
Website: PassionFlooring.co.uk



Yoga At The Hightown Club

Monday: 10:30 - 12:00 & 18:15 - 19:45

Tuesday: 10:30 - 12:00

Drop in to the first class for free!

For more details contact:

Rose Billinge: M: 07900 017 608

Email: RoseBillinge@Yahoo.co.uk

MIKE'S POWERWASH

Industrial Power Cleaning
of Patios & Drives

Phone Mike for your value price:

Tel: 0151 474 0760

Mob: 07738 304364



Wills and Powers of Attorney are powerful legal documents. The skill in preparing the right document for your circumstances comes from knowing to ask the right questions coupled with the experience and expertise to draft it correctly; and thereafter ensuring that the formalities of finalising the document are properly adhered to. If you cut corners there is a risk that your loved ones will only discover the problems when it is too late - causing them stress, heartache and unnecessary financial loss.

Don't leave it to chance.

Make sure you only use an individual who personally is:

- a qualified professional
- a dedicated specialist
- highly experienced
- formally regulated by a recognised legal body
- insured as per regulatory requirements
- accredited member of Solicitors for the Elderly and STEP

Elizabeth Foggin TEP, Solicitor at Autumn Years Law is your local expert in:

- Wills & Trusts
- Court of Protection/ Deputyship
- Lifetime & Inheritance Tax Planning
- Lasting Powers of Attorney
- Probate & Estate Administration
- Elderly client services

Our friendly approach is both compassionate yet professional and as a company we are committed to providing you with high quality legal advice. Free home/hospital visits are available if you have physical difficulties in being able to come to us.

Autumn Years Law, 22-24 Chapel Lane, Formby L37 4DU (inside Derbyshires)

www.autumnyearslaw.co.uk Tel: 01704 870404 info@autumnyearslaw.co.uk

Private, ethical general practice

GP appointments to suit you

- Experienced GPs
- Longer appointments
- Face-to-face consultations
- Medical weight management
- Phone & video calls
- Coils for HRT
- Home visits

Formby GP
4 Victoria Buildings
Victoria Road, Formby L37 7DB
01704 617050



www.formbygp.com

Easy Fundraising

St Stephens has have been using #easyfundraising to raise FREE donations for the Church when we shop online. We have just been paid! These donations will make a BIG difference and you can help during this difficult time too - it only takes 2 minutes to sign up and 4,500+ shops (including Amazon and Ebay) will donate for free, every time you shop online with them!

Why not visit:

[easyfundraising.org.uk/causes/ststephenschhightown/
payments/60537b0af62fd200266cbd30/](https://easyfundraising.org.uk/causes/ststephenschhightown/payments/60537b0af62fd200266cbd30/)

to find out more ?

As that famous advertising slogan tells us: 'every little helps'.



From Beth's Kitchen

SPINACH & MOZZARELLA TART



Each year, I make 4 quiches to provide lunch for the judges, escorts and committee at the Flower Show. I try to make different ones each year, but a few are firm

favourites. The pastry I make in advance, and freeze, which removes the need for the chilling before rolling out and lining of the dish. This tart can be frozen for later use, and reheated from the freezer for about 40 minutes at 180C. Any type of pastry will be delicious such as shortcrust, cheese or wholemeal.

450g pastry 1kg spinach leaves, washed with stalks removed
Large knob of butter 2 medium onions, finely chopped
4 cloves of garlic, crushed 750g mozzarella cheese
Juice of 1 lemon freshly grated nutmeg
Salt and freshly ground black pepper

Roll out the pastry and line the flan dish. Leave to rest in fridge for at least 20 minutes. Meanwhile preheat the oven to 180C (gas mark 4). When ready, line the flan case with greaseproof paper and baking beans and bake blind in the oven for 19 minutes. Remove the paper and beans and return the dish to the oven for 5-10 minutes, until the pastry is set and slightly coloured.

Cook the spinach in a large saucepan, seasoned with salt and pepper. When thoroughly wilted, place in a sieve and press to squeeze out as much moisture as possible. Place in a large bowl.

Soften the onions and garlic in a saucepan with the knob of butter. When translucent add to spinach.

Chop the mozzarella into small cubes and add to bowl with lemon juice and a generous grating of fresh nutmeg. Mix well and season to taste.

Pack filling into pastry case and place in oven for 35-40 minutes until the filling is bubbling and the cheese has turned golden brown.

Serves 6-8. Delicious with salad and fresh new potatoes.

Coffee Morning

St Stephen's Hall

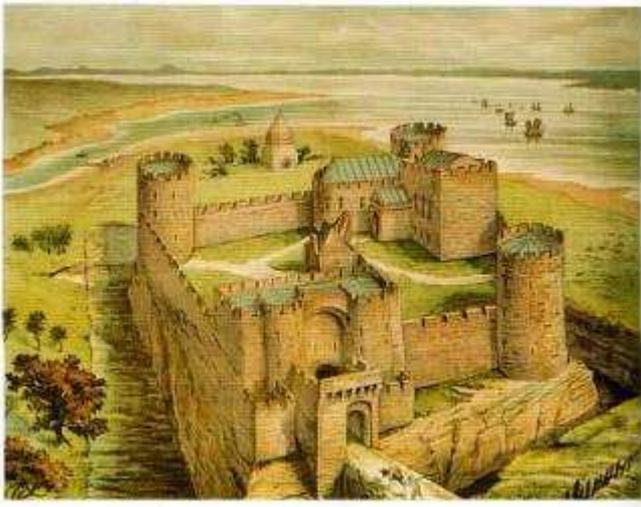
Saturday March 2nd 10am to 12 noon in aid of PODS.

Everybody Welcome

Flower Stall, Bric-a-Brac, Book Stall, Scrumptious Edibles

Village Organisations and Activities

Tuesday Group, St Stephen's Hall Tuesday morning 10am	Beryl Howard Jan Branigan
Hightown Friendship Group 1st Wednesday at 8pm St Stephen's Hall	Margaret Wear
Gardening Club 2nd Monday 8pm St Stephen's Hall	Hilary Munro
Bowling Club, Sandy Lane	Diana Killen
Hightown Club	Chris Scrine
Blundellsands Sailing Club	Rohan Pickard—RohanPickard@gmail.com Deryk Johnson—DerykJ@gmail.com
Yoga Classes, Hightown Club	Rose Billinge
Flower Show	Debbie Underhill— Debbie.underhill@cloud.com
Open Mic Poetry Group 3rd Thursday 7.30pm St Stephen's Church hall	Sally Anne—tapiabowes@gmail.com Alex
Craft Group, Every Thursdays 1.30-3.30pm, St Stephen's Hall	Sue Taylor
Hightown Parish Council	Jenny Farrar— clerk@hightownparishcouncil.uk Www.hightownparishcouncil.uk
Community Library, Alt Centre, Lower Alt Rd. Mon 12-2, Tues 1-3, Weds 1-4, Fri 10-12	Linda Munro—lindamunro@hotmail.com
Zumba Gold, Dance for all aged 55 plus, Mondays 9.45-10.30, St Stephen's Hall	Nicky Garsforth
Creo Dance Co Mon Tues Wed Thurs Sat Children 3 to 18 years	Georgia Gaudi



A king, a Castle and a Muddy Pool

Graham Goodchild, Old Acre

Once upon a time a great castle stood on the highest point in Liverpool, towering over the muddy pool that gave the town its name. For five hundred years

the castle watched over the lives of the people of Liverpool. Construction began in 1207 during the reign of King John. The work was completed in 1235 during the reign of John's son, King Henry III. In 1726 the castle, by then in ruins, was demolished.

Chapter I: The Castle

John ordered the construction of Liverpool castle on the site of present-day Derby Square, then a rocky hillock fifty feet higher than the present-day square, where the Queen Victoria monument now stands. Fifty yards square in plan, the castle was built from local sandstone, with rounded towers on three corners linked by high curtain walls dropping sheer into the moat below. On the fourth north-eastern corner, facing towards current Castle Street, was a fortified gatehouse guarded by a strong portcullis with projecting semi-circular towers. The castle was further protected by a deep moat, twenty yards wide, hewn out of solid rock. A tunnel, running under what is now James Street, led from the castle to the river Mersey, maybe to supply the moat with water or to provide an escape route for castle defenders. The 1970 Liverpool official guide refers to the tunnel's continued existence. Could it still be buried there?

Standing with your back to the Queen Victoria monument, facing James Street and looking across to the corner of Fenwick Street, you will see Castle Moat House, a Grade II listed building, formerly a bank. It is so called because when contractors were excavating foundations of some old buildings in 1840 to make way for the new bank, they found themselves working in the foot of the ancient castle moat. Castle Moat House now appears to be empty and is for sale.

John planned the castle to be self-sufficient. It housed a great hall, a bakehouse, a brewhouse, a covered well and a chapel. The castle chapel remained the only place of worship in Liverpool until the small chapel of St Mary del Key was built on a rocky outcrop close to the bank of the river Mersey. First mentioned in 1257, the chapel stood at the foot of Chapel Street, giving the street its present name. It was replaced in 1360 on an adjacent site by the Church of Our Lady and St Nicholas, Parish Church of Liverpool since 1699. In a tragic accident in 1810 the spire collapsed into the nave killing 25 people, including 17 schoolgirls. It was rebuilt in 1815, and again after the bombing blitz of May 1941. While the 1815 tower is still a prominent feature, only a few foundations from the fourteenth century remain. The church and gardens are full of interest. On your next visit don't miss the new Battle of the Atlantic Garden of Reflection.

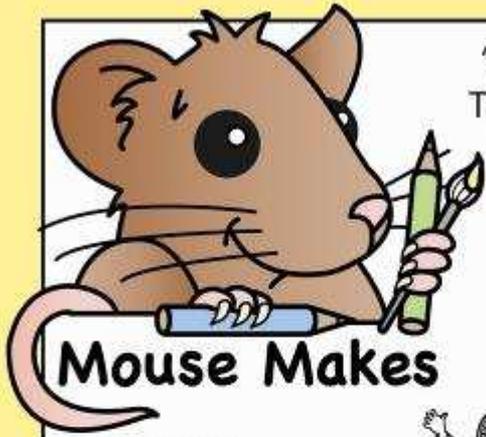
Castle Echoes

Echoes of the castle still resound in the names of streets around Derby Square. A local map should help to pinpoint them. Castle Street was one of the original seven streets of Liverpool. Castle Hill lies off Fenwick Street behind Castle Moat House; it was once regarded as Liverpool's shortest street. Castle Hill joins Lower Castle Street that runs between Water Street and James Street. South Castle Street, which ran from Derby Square to Canning Place, has been subsumed into the Queen Elizabeth II Law Courts and Liverpool One redevelopment. It followed the course of medieval Pool Lane, long gone, which ran from the castle to the mouth of the old pool.

Why did John build a castle in Liverpool? Hold on for a later issue.

St Stephen's Church would like to thank **Hilary Munro** for her excellent work over the years, arranging the flower rota. She is now taking a well earned break and **Sue Taylor** is taking over the role. If you would like to make a donation in memory of a loved one , please contact Sue on 929 2720.

We also extend our thanks to **Hazel Roberts**, who, for many years, has been responsible for the invoices associated with Focus adverts and who is also taking a deserved break.



Mouse Makes

"I am the resurrection and the life.
The one who believes in me will live
even though they die."

John 1:25



READ the Bible
passages to find
the answers to the
crossword clues

Matthew 21:1-11

1. Which city did Jesus ride into?
2. What did he ride on?
3. What did the crowd shout?
4. What did clothes did they put down?
7. What did they cut down to spread on the road?



Matthew 26:17-29

15. What feast did Jesus celebrate?
12. Who did he celebrate it with?
11. What did Jesus break to eat?

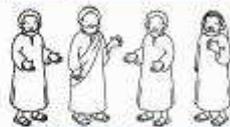


Matthew 27:27-61

17. What was Jesus' crown made of?
9. What was Jesus crucified on?
14. Who's tomb was Jesus buried in?
13. What did they wrap Jesus' body in?
16. What did they roll in front of the tomb?

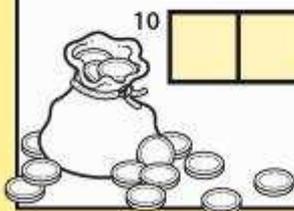
Matthew 26:36-75

6. What did Jesus go to do at Gethsemane?
18. Who denied Jesus?



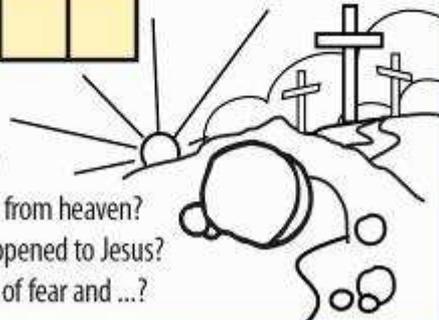
Matthew 26:14-16

- 8d. Who betrayed Jesus?
10. How many silver pieces was he paid?



Matthew 28:1-10

5. Who descended from heaven?
19. What had happened to Jesus?
- 8a. Mary was full of fear and ...?



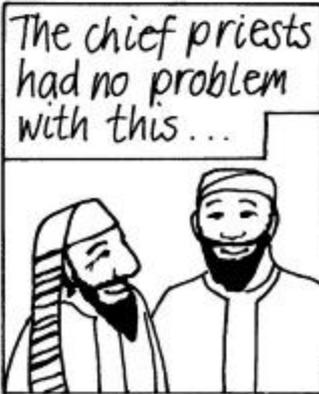
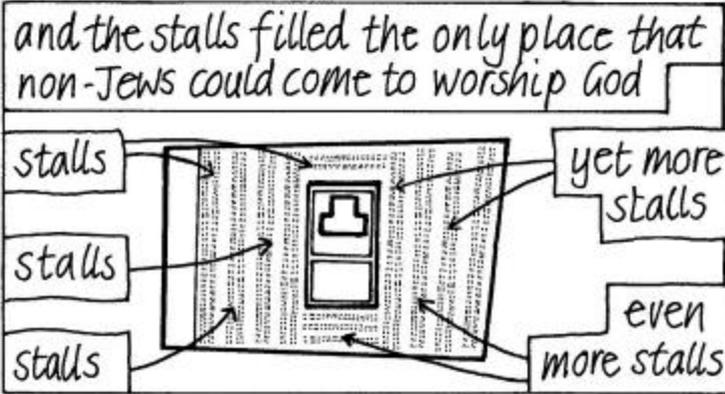
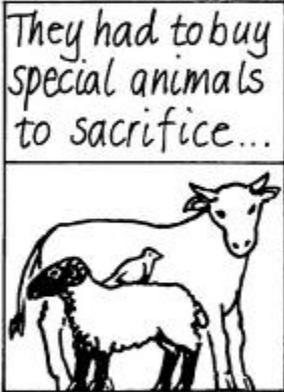
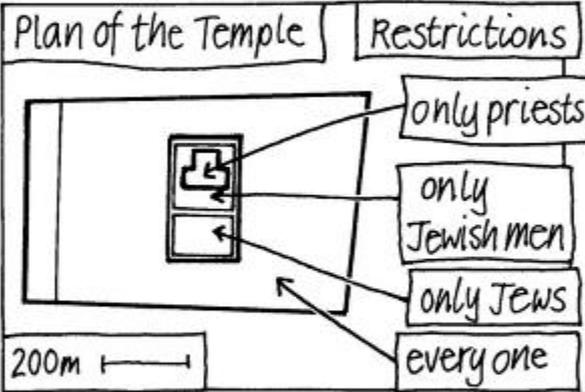
Mar24 © deborah noble • parishpump.co.uk

Bible Bite

A short story from the Bible

It can be read in the Bible in
Mt 21:12-16, Mk 11:15-18, Lk 19:45-48

When Jesus reached Jerusalem he went to the Temple, built as a place where everyone could worship God, but with restrictions...





Toddler Church

At

St. Stephen's-Hightown

Sunday 3rd March

4pm

***A service for pre-schoolers and their families
with lots of fun, songs, a bible story, a simple
craft and refreshments***

All Welcome!

Magazine part-sponsored by John Gibson-notary services